### Your gift

Every gift helps us reach more children and families who need support. By giving regularly, you provide stability and hope - creating real, lasting change for families in need. Thank you for making a difference.

1	would	like to	make a	regular	donation	of
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LIO LZ3 LIOO Other.							
Frequency: monthly quarterly annually							
Starting on:							
and thereafter by Standing Order until further notice							
Name of Bank:							
Account no: Sort code:							
Bank address:							
BANK INSTRUCTION Southwark Diocesan Welcare, Natwest Bank PLC, London Bridge Branch, PO Box 35, 10 Southwark Street, London SE1 1TT. Account number: 65621115 Sort code: 51-50-03							
You are free to alter the payment amount or frequency, or cancel a standing order, at any time.							
l would like to make a single gift of							
£10 £25 £100 Other:							
Please find enclosed my cheque  PLEASE DO NOT SEND CASH IN THE POST							
OR Please use my card details							
Name on card:							
Card no:							
Expiry date: Please provide your phone number so we can call you for your CVC number.							
Make your gift worth 25% more, at no extra cost to you!							
I am a UK taxpayer and I would like Welcare to reclaim the tax on this donation, any others I have made in the last 4 years, and any future donations I make.*							
Signature: Date:							
*I understand that if I pay less Income Tax and/or Capital Gains tax than the amount of Gift Aid claimed on all my donations in that tax year then it is my responsibility to pay any difference. Please let us know if your tax							

circumstances or name and address details change so we can update

our records.

Your donations help us to provide much needed support to children and families in our community.

## Thank you



Telephone 020 7820 7910 Email info@welcare.org 48 Union Street, London, SF1 1TD

You can also support us by

### Fundraising -

welcare.org/fundraise fundraising@welcare.org

Signing up to our e-newsletter welcare.org/newsletter

Signing up to our prayer list welcare.org/prayer-suggestions

Families we've helped welcare.org/families-weve-helped

Add, tag and follow us on social media-



/welcareuk



@welcareuk.bsky.social @welcare\_uk



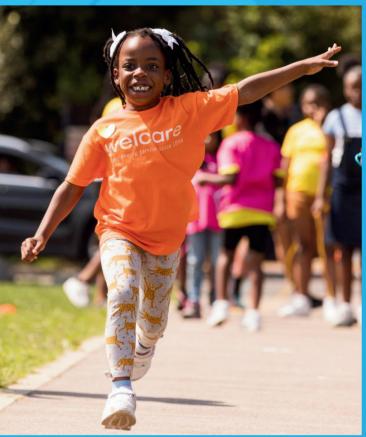
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November 2025

# welcare

# Making a regular donation to support our work



Help us to support parents and children throughout South London and East Surrey

### Who we are

Welcare is the child and family support charity for the Diocese of Southwark, and we work with parents and children up to the age of 13 in South London and East Surrey. Our services are driven by our Christian values, and we strive to empower families and change lives for the better, offering practical and emotional support to overcome challenges.

The children and families we support face difficult situations due to domestic abuse, parental conflict, mental mental ill health, social isolation or the challenges of loss of income and the rising cost of living.

# George & Lisa's Story

Lisa's six-year-old son George has Autism and displayed very challenging behaviour. Lisa, who lives with Multiple Sclerosis, had been injured twice and taken to A&E after George threw objects at her. Daily aggression, sleepless nights, and poor school attendance left her exhausted and isolated. They had been stuck in unsuitable emergency housing for two years and were struggling with debt. Lisa also faced ongoing coercive control and abuse from George's father, despite their separation, adding to her stress and vulnerability.

Welcare supported Lisa with positive parenting strategies, a safety plan, and liaison with school and health services. Welcare secured funding to help clear urgent utility debts and provided sensory equipment to help George sleep. Referrals were made to domestic abuse services, and a non-molestation order was put in place to protect them from George's father.

# "Welcare made such a difference—life is happier and calmer for us."

Today, life is calmer. George attends school full-time, sleeps better, and enjoys social activities. Support from Welcare and safeguarding measures have transformed safety and wellbeing, giving this family the chance to rebuild their lives.



# Services we provide

- Individual one-to-one family support and coordination of targeted help for families needing a multi-agency response.
- Domestic Abuse Recovery Toolkit a group for children and their non-abusive parent that helps them to understand, better manage, and change their experience of living with the trauma caused by domestic abuse.
- Capability in Schools an early intervention group work programme delivered in schools for children with emerging social and emotional support needs.
- Parenting groups including Strengthening Families
   Strengthening Communities, and Parenting Puzzle.
- Caring Dads an evidence based group programme
  which aims to improve the parent-child relationship
  between fathers and their children. It is specifically for
  men who have abused and neglected their children or
  exposed them to abuse of their mother.
- Group Work Programmes for babies and children from our East Surrey Centre, and summer holiday programmes and activities.
- Helping families access emergency and grant funding to provide immediate support.

#### e-Newsletter

Sign up to our quarterly eNewsletter for updates about our work, case studies about the families we have helped, and events: welcare.org/newsletter-sign-up.

## How to donate

Could pay for the materials for a child attending our Domestic Abuse Recovery Toolkit programme.

£50 Could buy a warm coat for a mother who has fled domestic violence.

£100 Could enable a Family Support Worker to visit a parent in their home

#### Donate online

Make a one-off or regular donation at welcare.org/donate

Just visit the page and complete your details—it's quick and easy!

## **Donate by Standing Order**

One of the easiest and most cost-effective ways to support us no bank fees!

You can set up a monthly, quarterly, or annual standing order in two ways:

### 1. Through your online banking

Use our details:

Account name: Southwark Diocesan Welcare
Account no: 65621115 Sort code: 51-50-03

Please email us once it's set up so we can thank you and confirm Gift Aid.

#### 2. Using our donation form

Complete and return the form overleaf, and we'll contact your bank to arrange the standing order.

### Donate by card or cheque

Donate by card or cheque using the form below and overleaf

Donation Your details	n form		welcare strengthening families since 1894
Title:	First name:		
Surname:			
Home address:			
		Postcode:	
Email address:			
Telephone no:			
Post your compl Welcare, 48 Unio	Continued		