

## Your gift

Your gift ensures we can reach more children and families who desperately need our support. A regular donation can make a big change to a family's life. Thank you for your support.

### I would like to make a regular donation of

£10 ☐ £25 ☐ £100 ☐ Other:

Frequency: monthly ☐ quarterly ☐ annually ☐

Starting on:

and thereafter by Standing Order until further notice

Name of Bank:

Account no:  Sort code:

Bank address:

#### BANK INSTRUCTION

Southwark Diocesan Welcare, Natwest Bank PLC, London Bridge Branch, PO Box 35, 10 Southwark Street, London SE1 1TT.

Account number: 65621115 Sort code: 51-50-03

You are free to alter the payment amount or frequency, or cancel a standing order, at any time.

### I would like to make a single gift of

£10 ☐ £25 ☐ £100 ☐ Other:

Please find enclosed my cheque ☐

OR Please debit my:

Visa ☐ Mastercard ☐

Name on card:

Card no:

Expiry date:  CVC:

PLEASE DO NOT SEND CASH IN THE POST

**Make your gift worth 25% more,  
at no extra cost to you!**

*giftaid it*

I am a UK taxpayer and I would like Welcare to reclaim the tax on this donation, any others I have made in the last 4 years, and any future donations I make.\*

Signature:

Date:

\*I understand that if I pay less Income Tax and/or Capital Gains tax than the amount of Gift Aid claimed on all my donations in that tax year then it is my responsibility to pay any difference. Please let us know if your tax circumstances or name and address details change so we can update our records.

## Hearing from us

From time to time we would like to update you about our work and let you know how your support has helped. We will never share your details, and we won't bombard you. Please let us know if you'd be happy to hear from us by

Email ☐ Phone ☐ Post ☐

**welcare**  
strengthening families since 1894

Your donations help us to provide much needed support to children and families in our community.

## Thank you.

**welcare**  
strengthening families since 1894

**welcare.org/donate**

**Telephone 020 7820 7910**

**Email info@welcare.org**

**48 Union Street, London,  
SE1 1TD**



You can also support us by

#### Fundraising -

**welcare.org/fundraise**

**fundraising@welcare.org**

#### Signing up to our newsletter -

**Welcare.org/newsletter**

#### Families we've helped -

**Welcare.org/families-weve-helped**

#### Add, tag and follow us on social media-



**/welcareuk**



**@welcareuk**



**@welcare\_uk**

Southwark Diocesan Welcare is a Charity registered in England & Wales. Registered Charity Number 1107859. Company limited by guarantee 5275749. Registered Office: 24 Warwick Road, Redhill, RH1 1BU



February 2024

**welcare**  
strengthening families since 1894

## Making a regular donation to support our work



## Help us to support parents and children throughout South London and East Surrey

# Who we are

Welcare is a charity working with [parents and children](#) up to the age of 13 in South London and East Surrey. Our services are driven by our Christian values, and we strive to empower families and change lives for the better, offering practical and emotional support to overcome challenges.

The families we support face [difficult situations](#) due to domestic abuse and parental conflict, mental health, and emotional well-being issues, social isolation or the challenges caused by loss of income, and the cost of living crisis.

Our [dedicated and professional staff](#) work with individual children and their parents to build on the positive elements of family lives and to prevent problems from happening via [early intervention](#) and [breaking the cycles](#) that may become entrenched.

# What we do

The focus of our work is to provide both [practical](#) and [emotional](#) support and advice.

We do this by:

- Individual one-to-one family support
- Group work programmes for parents
- Caring Dads – group programme which aims to improve the relationship between fathers and their children. It is an evidence-based programme specifically for men who have abused and neglected their children or exposed them to abuse of their mother.
- CapeAbility In Schools – group work programme for children in years 3-5 to build emotion well-being and resilience
- Practical support through access to grant funding and immediate support through our Families In Crisis funding



## People we've helped: Myra & Mia

Mother and daughter Myra and Mia were referred to Welcare via their local domestic violence service after domestic abuse towards Myra by Mia's father.

Welcare group programmes for Myra – Strengthening Families, Strengthening Communities (a strengths-based parenting programme), and Mia – MySpace (for children who have experienced domestic abuse) helped them work with their peers to come to terms with the abuse and their feelings.

**"I'm so much more confident and feel more able to understand Mia's feelings and how to help her – we're getting on much better now."**

With Welcare's help, Myra and Mia have come a long way. Welcare also contributed to a CAFCAS report to support with contact arrangements with Mia's father, advocating for supervised contact. Mia has safe contact with her father, and is on a waiting list for a child mentor.

**With your help and support, we can help more families like Myra's in their time of need. Your donation will make a lasting difference.**

**£10** could pay for the materials for a child attending our domestic abuse recovery programme MySpace

**£25** could provide support for a child attending a With Respect course in school

**£100** could enable a Family Support Worker to visit a parent in their home

# How to donate

## Donate online

You can make a one off or regular donation on our website. Simply visit our donations page [welcare.org/donate](https://welcare.org/donate) and fill in your details.

## Donate by Standing Order

This is one of the easiest and the most cost-effective ways to donate as we don't incur any bank processing fees. You can create a standing order for a monthly, quarterly or annual donation.

There are two ways to donate to Welcare by standing order.

1. Using our bank details:

**Account name: Southwark Diocesan Welcare**

**Account no: 65621115 Sort code: 51-50-03**

You can set up a standing order donation via your online banking. If you do this please email us to let us know so we can thank you and so you can tell us whether to claim Gift Aid on your donation.

2. Return the donation form overleaf, and we will then write to your bank to ask them to set up the standing order.

## Donate by card or cheque

Donate by card or cheque using the form below.

## Returning your form to us

Post your completed form to us at  
Welcare, 48 Union Street, London, SE1 1TD.

## Donation form

**welcare**  
strengthening families since 1894

### Your details

Title:  First name:

Surname:

Home address:

Postcode:

Email address:

Telephone no: